

0–12 months

- ability to focus on objects up to one foot away
- becoming aware of physical sensations such as hunger and thirst
- increasing interest in the environment and plays with objects

1–2 years

- understands and responds to simple instructions from others
- can identify familiar objects in books
- can remember and repeat past events

2–3 years

- can categorise objects
- can name familiar objects in books
- ability to sort blocks from the smallest to largest

3–5 years

- ability to organise objects by size, shape and colour
- increasingly curious and asks questions to gather information
- understands the concept of past and present
- from three years, a child's brain enters a phase of 'synaptic pruning', during which networks in the brain are refined

5–7 years

- understands the concepts of space, time and dimensions
- can carry out simple addition and subtraction
- beginning to reason and debate with others

Cut and laminate milestones and ages for sequencing activity. More can be added to include up to 16+.